



thrive

into

work

Do you have a health condition and need support to find or retain work?

Thrive into work can help

shaw trust

NHS

 **West Midlands
Combined Authority**

Our service offers one-to-one support to individuals with health conditions who want to find and retain sustainable employment.

How we help you:

- Regular meetings with your employment specialist at local or convenient locations for you including virtually (Covid permitting)
- One-to-one support tailored to your needs and personal employment goals
- Work with you and your healthcare team to help and support you
- Help you find a job if you are not in paid employment, and we continue to support you once you have started for up to 4 months
- Work with your employer to find solutions to accommodate your needs at work
- Offer benefits advice and give you an idea of how returning to work could improve your income
- Help with retaining your existing job if you require extra support relating to your health

We can help you if you:

- Have a self-defined mental health and/or physical health condition
- Registered with a GP in Birmingham, Wolverhampton, Sandwell, Solihull, Coventry or Rugby
- Are aged 18+ at the time of referral
- Are out of work, but want to work or would like support to keep your existing job

To join Thrive-into-work ask your GP or local health professional or contact the Thrive-into-work team directly:

Phone: 07876 650357

E: thrive@shaw-trust.org.uk

W: wmca.org.uk/thriveintowork