Early Help for Practices with **Patients** living in Birmingham





EDGBASTON

EarlyHelpEdgbaston@gatewayfs.org 0121 456 7821

ERDINGTON

ErdingtonFamilies@compass-support.org.uk 0121 748 8199

HALL GREEN

HallGreen.Families@greensquareaccord.co.uk 07570 953 519 (9:30am to 4:30pm)

HODGE HILL

YardleyHodgeHillEH@barnardos.org.uk 0121 289 4875

LADYWOOD

BirminghamEarlyHelpLadywood@family-action.org.uk 07816 086 607

NORTHFIELD

EarlyHelpNorthfield@gatewayfs.org

PERRY BARR

BirminghamEarlyHelpPerryBarr@family-action.org.uk 07385 464 482

SELLY OAK

SellyOak.Families@greensquareaccord.co.uk 07483 090 434

SUTTON COLDFIELD

SuttonColdfieldEarlyHelp@compasss-support.org.uk 0121 748 8199

YARDLEY

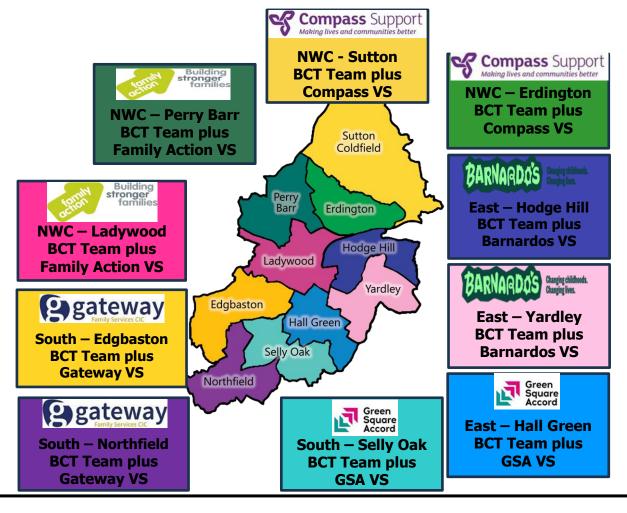
YardleyHodgeHillEH@barnardos.org.uk 0121 289 4875



Operating Model



Structure



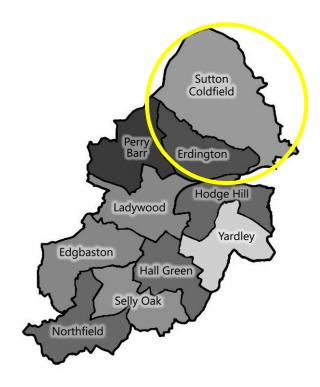




North - Sutton and Erdington:

Eve Baker-Sullivan

eve.baker-sullivan@compass-support.org.uk 07423 663 681



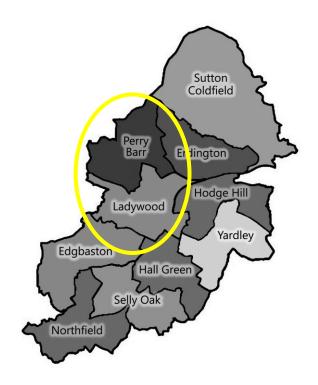


West - Ladywood and Perry Barr:

- Aisha Abdulmalik
 Aisha.Abdulmalik2@family-action.org.uk
 07976199904
- Fareen Akhtar

fareen.akhtar@family-action.org.uk

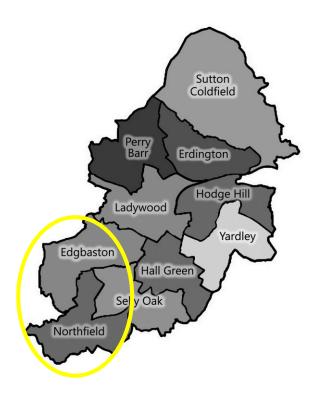
07350451937





South - Edgbaston and Northfield:

Madeline Fittes
 m.fittes@gatewayfs.org
 07484 056417

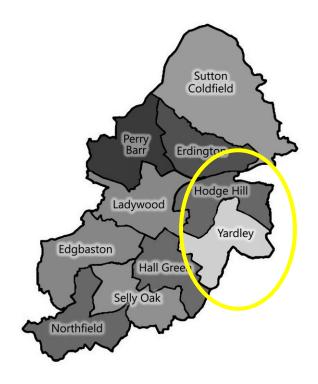




East - Hodge Hill and Yardley:

- Sasha Brown
 sasha.brown2@barnardos.org.uk
 07516587309
- Abigail Hastings

 abigail.hastings@barnardos.org.uk
 07732827257





Central - Selly Oak and Hall Green

- Emma McCullough
 Emma.McCullough@greensquareaccord.co.uk
 07471355360
- Adjei Dsane
 Adjei.Dsane@greensquareaccord.co.uk
 07587551378
- Summer Baillarger, Senior Early Help Development Worker <u>Summer.Baillarger@greensquareaccord.co.uk</u> 07917978739





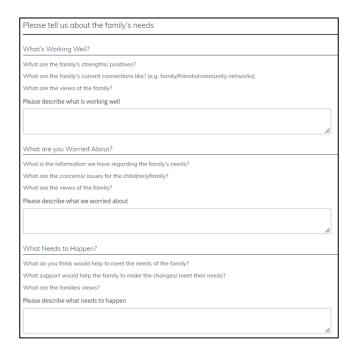
How to access Early Help Localities Family Connect Form (FCF)



Use the link below to connect with us:-

https://www.birmingham.gov.uk/info/50224/birmingham_children_s_partnership/215 6/birmingham_children_s_partnership - resources

Family Connect
Some families need support from more than one professional. We no longer make referrals for early help, but connect and work together to support families, continuing to build relationships and supporting a range of needs of all family members.
To get support for a child, young people, or a family, please complete the Family Connect form for Professionals.
Family Connect Form - for Professionals >
Family Connect Form - for Professionals (If you can not access the form you may need to contact your own IT admin for permission to gain access or remove firewalls).
If you are a parent then please complete the Family Connect form for self-identification.
Family Connect Form - Self Identification >
To help you to complete the Family Connect Form please see the guidance and a sample completed form







From Birmingham with Love



Early Help digital offer to families:

From Birmingham with Love | From Birmingham with Love | Birmingham City Council



Online parenting course — We have pre-paid for every parent in Birmingham to access a <u>parenting course</u>. Just enter the access code "COMMUNITY" at the top of the page to claim. There are courses for parents, carers and grandparents of children from bump to 19. Learn about how your child develops, and get tips to manage their behaviour.



Mental health support - In these difficult times we have to look after our mental health. For young people aged 11-25 there are forums, guides and counselling available at Kooth. If your child 0-25 needs support, get in touch with Pause by calling 0207 841 4470 or email. Adults can get support from MIND by calling 0121 262 3555. Or for urgent help call Forward Thinking Birmingham on 0300 300 0099.



Financial help - If you've lost your job, or are struggling for food or rent there are services that can help. Local welfare provision can make a big difference if you are in a crisis and need food, fuel or basic white goods. Discretionary Housing Payments may be able to help with rent. And there are food banks across Birmingham that are here to help.



Domestic abuse - For women and children affected by domestic abuse please see <u>guidance</u> or confidentially contact <u>Birmingham and Solihull Women's Aid</u>. For Men, please contact <u>Respect</u>.



Problems with drugs or alcohol - A new, discrete app called Staying Free is available on Android or Apple. Use the code "birmingham11" for pre-paid access. To speak to someone call Change Grow Live.



Bereavement support - It's a terrible time to lose a loved one — you can get help by calling 0121 687 8010 or from <u>Cruse</u>.



Early help for families - If anyone in your family needs more help, from public services or community groups, then please contact our <u>voluntary sector Locality Leads</u>. We have ten areas which can connect you to support across the city.

If you are worried about a child, please call Birmingham's Children's Advice and Support Service on 0121 303 1888. In an emergency, including child abuse, contact the Police on 999. You can also chat to the Police.





Helpful links and contacts



Birmingham's Local Offer website

Help, advice and information about the services available for all families, including families with a child or young person with additional needs (SEND)

The Waiting Room <u>website</u>

Alternative approach to taking control of our own health and well-being. It is a virtual bridge across "*The Information Chasm*" that connects support services to the recipient almost instantly.

Route 2 wellbeing website

Easy to find services, activities and tools to support your health & wellbeing. Find support in Birmingham & Solihull.

· Impact Pathways, West Midlands website

Impact Pathways is a 'map' of provision designed to help public and professionals who live and work in the West Midlands access support they might need.

· Family Hubs website

Family Hubs bring together a range of organisations and professionals to offer early help services, advice, guidance, and support.

Available in a variety of languages to print off and promote around your setting for families, click <u>here!</u>

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