



TAKE A **STEP** TOWARD BETTER HEALTH!

Tue. June 9, 2026 – 2:00 PM to 3:00 PM

Leader: Dr Ahfiya Alvi | Topic: Cervical Screening and Breast Screening

Location: Ward End Park

**145 Ward End Park Road, Birmingham B8 2XA
(Meet at the entrance by the car park)**

This walking program is a fun and safe place to go for a walk, learn health tips from local healthcare professionals, and meet new people. The program is FREE and all are welcome!

Learn more and register:



Physical
Activity



Health
Education



Social
Connection



Time in
Nature

WALKwithaDOC.org



We are a proud part of the international Walk with a Doc program: Chapter #34328